



PEDIATRICS INSUFFLATION

PROTOCOL (RECTAL)

Rectal insufflation is amazingly effective, you will see great results.

For Ages 1-11

- 1) Start with 10 gamma and 10 ccs of ozone once weekly.
- 2) Increase frequency and concentration (up to 20 gamma) as tolerated (weekly).
- 3) Once 20 gamma and 10cc is reached, increase amount, up to 60cc (for 6-10 yo) weekly or 2-3x weekly as tolerated.

Obviously proper observation and assessment is necessary to determine toleration.

If gut pain, excessive flatulence, or general discomfort or detox symptoms (fever, joint pain, fatigue, headache, rash, etc.) are experienced then drop back down a dose and stay there until symptoms deminish.

Pulsed therapy is advised - do therapy for approximately four weeks then take a couple weeks off. Once resumed, dose and frequency can be assumed as left off.

Administer slowly, use non-toxic lubrication as needed, and if immediate gut pain or bloating occur, immediately stop. If insufflation instigates a bowel movement, stop and expel.

Always best on a clean bowel.

For Ages 11-18

- 1) Same as above except dose. Instead, start with up to 60 cc and 10 gamma. Administer to tolerance.
- 2) Increase concentration to up to 30 gamma as tolerated. Can do as much as 3x/week at up to 750ml at 30 gamma as tolerated.

(This would include vaginal insufflation.)



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As stated, this is not a hard and fast protocol. Assessment and intuition are needed to determine the best course of action. Condition, frailty of the patient, etc. are factors.

Ears and Nose

Don't discount ears and nose insufflation for kids. Any neurological or acute symptoms such as ear fluid, sinus congestion, etc. will respond well.

It is recommended that children under the age of six only do ear insufflation. To get effective results from nasal insufflation, children must be able to follow instructions and hold their breath for seven or more seconds. But for the younger kids it's a piece of cake to do the ears.

Ear Protocol:

- 10-30cc 3-5x/week
Make sure to moisten ears well or use flask provided by SimplyO3.

Nasal Protocol:

For Ages 12 and under: 5-10cc 3 times per week.

For ages 12-18: 10-20cc 1-2 times per day, 3 times per week

Interesting Results: A nine year old girl had an unresponsive eye styte even after three rounds of antibiotics. After nasal insufflation 3 times for one week, the styte was gone.

If you need to provide ozone generator information to patients for home units/home use, send them to this link the following link, or you can purchase five generators at a wholesale discount to resell. Call me if you have any quesitons.

<https://www.simplyo3.com/collections/generators/products/stratus-3-0>

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